



BAYBERRY

Care Center

Rehabilitation ♦ Sub-Acute ♦
Skilled Nursing ♦ Residential Care



Phone: 914-636-6200
Fax: 914-636-5125
40 Keogh Lane
New Rochelle, NY 10805
info@bayerrycarecenter.com

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NEW YORK STATE DEPARTMENT OF HEALTH PRAISES BAYBERRY STAFF AND QUALITY OF CARE • BAYBERRY CELEBRATES XXTH

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Our staff, and our superior care

In large part, what most distinguishes Bayberry is its staff. With more caregivers per resident than most other facilities, Bayberry has cultivated a group of professionals with a reputation for excellence garnered over many years. In fact, Bayberry is one of the very few facilities to maintain a near perfect rating from government health agencies year after year. With a board of twelve physicians, and physical, occupational, recreational and speech therapists, Bayberry offers more services than many of its larger counterparts. Dental services, audiology, ophthalmologic, and podiatric care are all part of the regular regimen here. So too are beautician, barber and manicure services.

Bayberry's nurses and nurse's assistants are required to participate in rigorous ongoing education focusing on all aspects of sub-acute and long-term care. From the administration of intravenous therapy to the techniques of advanced wound care, from state-of-the-art pain management to the simple tenderness of patient comfort and reassurance, Bayberry's acclaimed staff has the competency and skills to render the broadest possible range of sub-acute services.

[Message from Bayberry's Administrator](#)

[Bayberry's department heads](#)

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Bayberry's department heads

ADMINISTRATION

Leonard Russ, Administrator
Terry Congionti, Asst. Administrator
Fred Leserowitz, Bookkeeper
Rachel Berrios, Administrative Assistant

MEDICINE

Dr. Roy Goldberg, Medical Director

NURSING

Judith Henrys, Director of Nursing
Robin Caruso, LPN, Patient Care Coordinator
Petra Gaskin, LPN, Quality Services Coordinator

DIETARY

Gretchen Baviello, RD, Dietician
Mora Gonzalez, Food Service Manager

SOCIAL WORK

Harris Barber, CSW, Director

RECREATION

Carlos Morales, Director

MAINTENANCE

Jan Maciejewski, Director

REHAB SERVICES

Ellen Lobel, Physical Therapy
Danilo Quintero, Occupational Therapy
Gina Palma, Speech Therapy

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Our commitment



Our goal is to help everyone stay as independent and highly motivated as possible. That includes a policy against unnecessary medications and restrictions. Bayberry is non-sectarian and offers regular religious services for each of the many denominations represented here. The facility

also is certified by both Medicare and Medicaid and does not discriminate on the basis of sex, race, creed, color, national origin, disability, blindness, marital status, sexual preference, or sponsorship.

[Close window](#)

Len Russ is the second generation managing partner and administrator of the family-owned Bayberry Care Center. Len is a nationally recognized leader in long term care, geriatric health policy and quality rehabilitation services. He is the author of numerous articles in the health care arena and has given expert testimony before committees of the NY State Legislature and the US Congress. Len is also a past chairman of the NY State Health Facilities Association and has served for years on the executive committee and Board of Governors of the American Health Care Association.

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Bayberry and you

It all begins with the resident's Personal Care Plan, designed by the heads of each department. The Medical Director, the Attending Physician, the Director of Nurses, the Director of Social Work, the Dietician, the Physical and Occupational Therapists and the Activities Director are among those who collectively devise a detailed plan of care unique to each resident. Whenever possible, members of the resident's family are invited to participate in the weekly care planning conferences.

Built into each care plan is a sense of individuality and a freedom of choice. Meals, for example, are prepared for the tastes of each resident. Indeed, personal preferences coupled with nutritional precision are key features of even the most complex therapeutic diets available at Bayberry. From daily exercise sessions to live musical entertainment and from crafts to candlelight dinners, Bayberry's broad activities program is also designed to meet the functional abilities and individual interests of each resident.

[Click to see sample menu](#)
[Click to see activities calendar](#)

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Sample Menu

Our wholesome and nutritious soups are made from scratch right here in our own kitchen with fresh, organic and local ingredients simmered until just the right flavors come out.

Soup (Choose one)

■ Chicken Noodle Soup With Vegetables

What could be more comforting than the warmth and delicious aroma of chicken noodle soup? We make ours from scratch, simmering organic ingredients for hours in our kitchen. The rich broth is poured over tiny noodles, bits of poached vegetables and tender, moist organic chicken. Just like mom's, with nurturing care in every spoonful.

Or

■ Potato Leek Soup

A gentle blend of potatoes, sweet onions and leeks, our potato leek soup is perfect poured over bits of roasted potatoes and your choice of protein.

Protein to Accompany Your Potato Leek Soup (Choose one)

■ Grass Fed Beef Meatballs
tender and light

■ Poached Organic Chicken from our house chicken soup

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- Smoked Tofu, flavorful vegetarian Salad (Choose one)
- Chilled Organic, Local Vegetables, tossed in olive oil, vinegar, oregano and a little garlic
- Local Lettuces and Greens, tossed with seasonal vegetable garnishes, olive oil, vinegar, oregano, and a little garlic

Organic Whole Grain Bread (Choose one)

- Unsalted Clover Butter
- Olive Oil

Dessert (Choose one)

- Baked Stuffed Apple, with honey yogurt sauce
- Seasonal Local Fruit, with honey yogurt sauce

Beverage (Choose one)

- Organic Lemonade ■ Green Tea ■ Chamomile Tea
- Organic 2% Milk ■ Santa Cruz Organics Ginger Ale
- Starbucks Organic Free Trade Coffee (Regular or Decaf)

Condiments (Choose any)

- Organic Sugar ■ Organic Non-Caloric Sweetener
- Cream ■ Lemon

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Weekly Activities Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10:00 Rise-n-Shine	10:00 Rise-n-Shine	10:00 Rise-n-Shine	10:00 Rise-n-Shine	10:00 Rise-n-Shine	10:00 Rise-n-Shine	10:00 Rise-n-Shine
2:00 SPORTS CAFE	10:30 Holy Rosary	2:00 Bowling League	2:00 Poker Club	2:00 Art Club	2:00 Knowledge Bowl	2:00 Bowling League
2:00 Blackjack Bandit	2:00 Word Master	2:30 Sensory Group	2:00 Cinematic Feature	2:30 Sensory Group	2:30 Sensory Group	2:30 Sensory Group
	2:30 Sensory Group	5:00 Dinner Social	5:00 Dinner Social	5:00 Dinner Social	4:30 Shabbat Service	5:00 Dinner Social
	5:00 Dinner Social	6:00 Evening Program	6:00 Evening Program	6:00 Evening Program	5:00 Dinner Social	

Beauty Parlor: Every TUESDAY and WEDNESDAY from 10:00 AM - 4:00 PM
 Barber Shop: 3rd MONDAY from 1:00 - 4:00 PM
 Catholic Mass: 1st WEDNESDAY - 10:30 AM
 Protestant Services: 2nd TUESDAY - 2:00 PM

Special Events

Labor Day Barbecue: Monday, September 5 - 3:00 PM
Rosh Hashanah: Thursday, September 29 - Friday, September 30

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A place of healing and rehabilitation

We are not an institutional, impersonal nursing facility. Bayberry serves only 60 residents. Nestled in a lush wooded enclave off New Rochelle's gateway to Long Island Sound, Bayberry offers an idyllic atmosphere for its special blend of rehabilitation, comfort and care.

Bayberry is widely recognized for its short term rehabilitation program, successfully returning patients to their homes in the community following comprehensive physical, occupational, speech and other therapies. Indeed, Bayberry tailors each individual's restorative program to his or her stamina and ability with the aim of achieving that person's highest level of functioning.

It is common for patients recovering from strokes or fractures to receive multiple sessions of therapy each day. But that's not all. The nursing staff will then perform additional modalities throughout the day to further accelerate the patient's progress.

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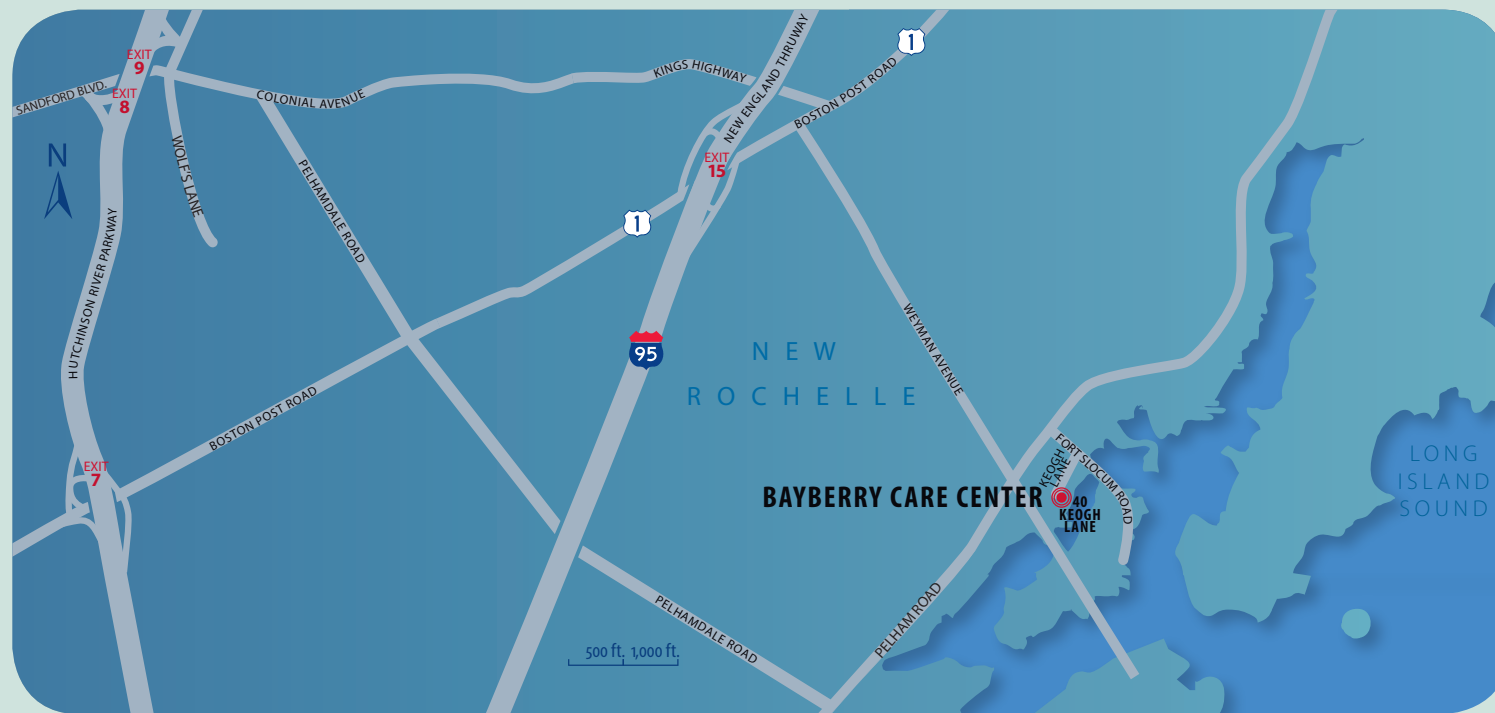
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An invitation

Seeing is believing. Come visit Bayberry. We feel that the best way to choose a care center is to judge it yourself. Please call 914-636-6200 for an appointment. Once you see Bayberry, your sentiments about health care will never be the same.

[Directions to Bayberry](#)
[Application Form](#)
[Bayberry Brochure PDF](#)

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Directions to Bayberry

From New England Thruway (I-95)

North – Exit #15, right turn to first traffic light. Right turn onto Weyman Avenue. Left turn at third traffic light onto Pelham Road. First right turn onto Fort Slocum Road. Next right turn onto Keogh Lane.
South – Exit #15, left turn at traffic light onto Main Street. Right turn at second traffic light onto Weyman Avenue (then follow directions as above).

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From Hutchinson River Parkway

North – Exit #7 (Pelham Manor/New Rochelle) Right turn onto Boston Post Road. At second traffic light turn right onto Pelhamdale Avenue. Follow Pelhamdale Avenue to end (traffic light). Turn left onto Pelham Road/Shore Road. Right turn onto Fort Slocum Road. Next right turn onto Keogh Lane.
South – Exit #7 (Pelham Manor/New Rochelle) Left onto Boston Post Road. Third traffic light turn right onto Pelhamdale Avenue (then follow directions as above).

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Here the individual comes first

An individual resident is the single most important entity here. Each person's needs, no matter how great or how small, are given the utmost attention 24 hours a day. There are no strangers in this warm, intimate setting. Every staff member knows every resident. And each individual's likes and preferences are catered to in every facet of daily life.

Call it a mission. Call it a philosophy. More than anything, it is what Bayberry stands for: compassion, happiness and tender loving care. They are attributes, long lost at many health care facilities, which set Bayberry apart from the others.

[Click to read personal letters
about Bayberry Care Center.](#)

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My wonderful experiences with Bayberry...

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*Peter Millward, Stamford, CT
August 1, 2011*



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Bayberry is home

At Bayberry, no two resident rooms are identical. Each has its own color scheme and décor. In fact, the home's overall interior design reflects the inviting, personal flavor of the care Bayberry consistently delivers. And integrated into the ambience are all the features of the most advanced resident-focused rehabilitation and skilled nursing centers found anywhere. All rooms also offer cable television, electronic nurse call communication, personal voice mail, and wireless internet.

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